

# Summer Activities

KEYS summer events are for students who will be in grades 7-9 in the fall. They are a great way to make new friends, get involved in the community, and take care of your mental health.

For all events meet outside, in front of the Strathcona County Library



Explore the great outdoors on a trip to Blackfoot Lake Recreation Area. Bring a lunch and weather appropriate clothing. Bus leaves at 9:00 am and returns at 3:00 pm



Practice finding your inner peace through exploring art media. Create a piece that you can display in your locker! Begins at 1:00 pm and ends at 4:00 pm.



Give back to your community by spending an afternoon volunteering with seniors and eating ice cream. Begins at 1:00 and ends at 3:30.

To register call 780-464-4044

For more information email [KEYS@strathcona.ca](mailto:KEYS@strathcona.ca)

Permission form will be emailed upon registration



Work as a team to complete a series of challenges to determine who the ultimate Iron Chef is. Learn to cook some of your favourites with a new twist! Begins at 10:00 am and ends at 2:00 pm. Bring a lunch.



KEYS is a Mental Health Capacity Building Project funded by Alberta Health Services and co-led by Alberta Education